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Post-Operative Care Instructions

Myringotomy and Tube

1. Antibiotic ear drops have been prescribed; place four drops in the ear(s) two times a day for four (4) days or as specified by your physician.
2. If drainage is coming from the ear, place four drops of the antibiotic ear drops into the ear twice daily until the drainage resolves. If the drainage is severe and the drops won't go into the ear canal, call to schedule an appointment with Dr. Herrera.
3. The presence of some light, pinkish drainage for the first few days is normal. A piece of cotton can be kept in the ear to catch the drainage.
4. For ear pain, use Tylenol as directed or prescription medication as directed. The pain is usually not severe and will subside in a few days.
5. Call the office for purulent drainage, severe dizziness or fever above 101.5 F.
6. Make an appointment to see the doctor in 1-2 weeks if one is not already scheduled.
7. Use earplugs to prevent water from getting into the ear if in untreated water (ocean, lake, stream, etc.).